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POSTOPERATIVE INSTRUCTIONS

FOREHEAD LIFT, BROW LIFT, MID-FOREHEAD LIFT

Refrain from any activity that may initiate bleeding under the skin flaps.

Head elevation helps reduce swelling. Even if you did not undergo blepharoplasty surgery, do not be surprised if your eyelids become puffy and discolored one or two days after surgery. This only represents shifting of the swelling to a lower level as a result of gravity. Iced compresses may help during the initial 48 hours following your operation.

Any unusual bleeding or swelling should be reported immediately.

Forehead lift staples are removed at 7 to 9 days, and brow lift and mid-forehead lift sutures are taken out in 3 to 5 days.

Avoid any constricting bands about the forehead (e.g. shower cap) after a forehead lift for six weeks.

It is unusual to have significant hair loss after this procedure.

Numbness of the forehead and top of the head is not unusual and may require 4 to 6 months until normal feeling returns.

Itching sensations and other occasional shooting sensations indicate healing of the operative site.

DON'T TAKE CHANCES! If you are concerned about anything you consider significant, call me at (985) 845-2677 or after hours at (985) 690-4245.